Kelsey Mountain
Education Team -
Knowledge
Translation

Kelsey has been working with children her entire life, spending her younger years teaching swimming, skiing and snowboarding, as well as leading backcountry canoe and hiking trips. Her love of movement led her to pursue an undergraduate degree in biophysics from Western University, and her PhD in biomechanics from the University of Calgary. She completed her MScPT at the University of Alberta in 2013 where she found her passion in paediatric physiotherapy. Kelsey has worked in both public and private practice paediatrics and currently works in the school system in Calgary. Kelsey is passionate about working in paediatrics and enjoys sharing her knowledge and experience with other physiotherapists to encourage their interest in this underserved area of practice. Kelsey is excited to be part of the Paediatric division executive as the Knowledge translation rep.

On the weekends Kelsey can be found sharing her love of movement with her own kids by hiking, biking, skiing or swimming. She also enjoys running on the trails in Calgary and in the mountains.